



**THE CENTER**  
 900 Whiting Drive • Yankton, SD 57078  
 www.thecenteryankton.net

**Board of Directors(2018-19)**

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Kara Payer	Retired Educator & Secretarial Assistant Opsahl Kostel Funeral Home
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 57078



**THE CENTER**  
 RECREATION • SOCIALIZATION • NUTRITION  
 900 Whiting Drive • Yankton, SD 57078  
 chauer@thecenteryankton.org  
 Center: 605-665-4685 • Nutrition: 605-665-1055  
 Website: www.thecenteryankton.net  
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**Mothers' Day Tea**

Friday, May 10th • 2:00pm-4:00pm

Carol Ebel will be sharing her stories about her cookie jar collection.

We will be serving many specialty coffees and teas and plenty of sweet treats.

We encourage you to bring your favorite cookie jar and share your memories with us.

**Sign up in the office.**

**Event Sponsored by: Walnut Village**



Like us on Facebook  
 Go to: The Center Yankton



Joe Morrow is retiring this month from the City of Yankton. He has served as our liaison with the city. Joe has gone above and beyond to support The Center. When there was a need or a challenge Joe was always there. Help us in thanking Joe and wishing him a happy and healthy retirement.

**Hours of Operation**

Mon, Wed & Thur 8:00am - 4:00pm  
 Tues & Fri 8:00am - 9:00pm  
 Noon Meal (M-F) 11:30am - 12:30pm

Annual Dues \$35/Single • \$63/Couple  
 Lifetime Dues \$315/Single • \$567/Couple  
 \$35.00 a year is only 10¢ a day!

**Volunteer of the Year**

Congratulations to Joleen Smith as The Center's Volunteer of the Year. Joleen served as Board President



for 3 years and is in her 2nd term now serving as Treasurer. Joleen has volunteered with many events at The Center including pancake feeds, dances, evening meals and the Wine & Dine Committee. Just last year, Joleen began volunteering with the SHIINE program. We thank you Joleen for all you do for The Center.

**WINE & DINE**

Friday, July 12th • 5:30pm-8:30pm  
 Tickets Only \$35 • Reserved Seating (only 200 tickets available)

Wine Tasting • 5:30pm  
 Dinner • 6:30pm  
 Silent Auction • 5:30pm-7:30pm  
 Live Auction • 7:30pm-8:30pm

See Fundraising page for a full listing of prizes & sponsors.



# Board Of Director's



Front Row: John Swensen, Diane Reese, Bob Kellen, Steve Wentworth, Pam Rezac  
 Back Row: Cee Sorenson, Julz Tesch, Carla Schlingman, Joleen Smith, Velma Kuchta, Dave Hosmer  
 Not pictured: Kara Payer



Log into Facebook and type The Center in the search box  
**LIKE US ON FACEBOOK**

Check Out Our Web Page  
[www.thecenteryankton.net](http://www.thecenteryankton.net)

You can access our monthly newsletter, menu, activity calendar, upcoming events, programs, services, volunteer opportunities, fundraising updates, pictures and so much more.



## Welcome

We would like to welcome Jeanne Laffey to The Center. Jeanne will be working through the Experience Works program and will be responsible for securing volunteers for all of our events, receiving and making phone calls and many other tasks.



If you would like to volunteer stop in the office or give Jeanne a call.

## Board Meeting Minutes



The minutes from the monthly Board of Director's meeting are kept in the library to be reviewed. They are in a blue labeled file folder in the card caddy.

## Tax Assistance Program

Thank you to the AARP Tax Assistance Volunteers that helped this past tax season. Roger, Van, Deb, Bob, Malena, Ron, Jack and Marsha completed tax returns for **403** individuals.

The average cost of preparing a tax return by a paid professional is almost **\$200** per person. AARP Volunteers saved these individuals over **\$80,000** in fees. Total refunds equated to **\$154,693** with the average refund of **\$532**. Hope you were one that received a refund.

# Volunteer Appreciation



Last month we honored all of our Center volunteers. First Dakota National Bank treated everyone to lunch and The Center provided each volunteer with a gift. Our hard working Board of Director's served lunch to everyone. We served 143 volunteers named Joleen Smith as our Volunteer of the Year. Thank you everyone for all your hard work.



## Upcoming Events

May 8	Pancake Feed	4:30pm-6:30pm
May 9	Anniversary Dinner	11:30am-12:30pm
May 10	Mothers' Day Tea	2:00pm-4:00pm
May 10	Commodities	1:00pm-3:00pm
May 10	Worthing Dinner Theater	5:00pm-11:00pm
May 14	Dementia Caregiver Group	10:00am-11:00am
May 14	Christy on KYNT Radio	7:40am & 12:20pm
May 15	Dinner & Movie	4:30pm-6:30pm
May 16	Birthday Dinner	11:30am-12:30pm
May 22	Ribfest	4:30pm-6:30pm
Jul 12	Wine & Dine Event	5:30pm-8:30pm

### Innovation. It's Right



Avera Sacred Heart Hospital keeps care local for you and your family. We offer comprehensive services through skilled physicians and care teams in a technologically advanced clinical setting.

Innovation lives right here.

[Avera.org/sacred-heart](http://Avera.org/sacred-heart)

Live better. Live balanced. **Avera** 

Cancer Care • Women's Health • Ear, Nose and Throat  
Orthopedics • Cardiology • Pulmonology

16-ASCH-2189

### Dining at Hy-Vee

To participate you must be over 60. You need to show your scan card at Hy-Vee, if you do not have one, please stop in the office to get one (\$1). You must also pay The Center the suggested donation of \$3.75 for your meals. Stop into The Center office to get a Hy-Vee brochure listing the menu options. There are **NO SUBSTITUTIONS** to any of the Hy-Vee menus which are approved by the state of South Dakota.

### Reminder Phone Call or Email

All of our events are listed in the monthly newsletter. We try to call those individuals who may have attended the event before and invite them back. If you would like to be on our call list for our events, please stop in the office and give us your **and number or email** so we can add you to the list. If you would like your name removed, let us know.



## Staff

**Christy Hauer**, full time salaried Executive Director-oversees fiscal management, fundraising, hiring and staff development, policy and procedural implementation.

**Kriss Thury**, full time Assistant Director, supervising staff, supporting director, program management.

**Mandi Lampman**, full time Meals on Wheels coordinator as well as managing the commodity and building rentals.

**Dick Schumacher**, part time Nutrition and Office Assistant, working 30hrs with billing, meal accounts, submitting meal counts to state and administrative tasks related to reports, fundraising, events and programs.

**Kelly Brown** works 4 hrs a week from Sioux Falls as our website manager and on Wine and Dine prize acquisition.

**Beth Coulson**, Head Cook at 30 hrs also supervises the kitchen staff, all aspects of ordering food and inventory.

**Margaret Sarringar** works Monday, Wednesday and Friday as our assistant cook.

**MaryJane Hisek** works 1 day a week usually Tuesday and fills in for vacation and sick leave.

**Jody McCord** works 1 day a week usually Thursday and fills in for vacation and sick leave.

**Becky Luellman** is our bookkeeper working 3-4 hours on the weekend taking care of A/P& A/R & financials.

**Terry Makings** is our part time janitor, working M-F, 11am-4pm, keeping the building neat and clean.

**Louis Darlington**, part time 15-20 hours a week filling in as janitor, dishwasher or assistant cook.

**Heidi Kleinschmit**, part time 10-15 hours a week filling in as janitor, dishwasher or assistant cook. Heidi has other jobs and fits us in when she is able.

### Experience Works Program(Federally funded program)

Hours average from 18-24 hours, but can go up to 40 per week.

**Colleen Schild** on the program many years. She plans to scale back to 15 hours and retire later this year.

**Jeanne Laffey** is new to the program and is working 20 hours per week serving as our volunteer recruiter.

**Carolyn Campos** takes advantage of hours offered filling in as janitor, dishwasher, assistant cook, baker and works bingo nights making sure there is popcorn and cookies.

**Connie Bitsos** has been on the program for almost 4 years now (the maximum participants can be on the Program unless a special waiver). She works the maximum number of hours which is 39 now and is the friendly voice that is calling to invite you to our events.

### Work Experience Program

**Shawn Hauf** is our dishwasher and works 3 days a week.

**Kayla DeCora** is in the office 4-8 hours per week helping with phone calls and filing.



Our mission is "to respond to the ever-changing needs of all adults and their families; provide opportunities and resources in the areas of physical and mental health, nutrition, recreation and education, and to positively affect their quality of life and assist in maintaining their independence."

## Fundraising News

**Pancake Feed** (Final one of the season)  
(All You Can Eat)

**Wednesday, May 8th - 4:30pm-6:30pm**  
(2nd Wednesday of the month through May)

Bring the whole family out for an all you can eat pancake and french toast feed.

Also included is a serving of eggs, bacon or sausage and coffee.

(Open to the public)



**All for just \$5.00!**

### Thank You For Your Donation

Wes & Arlys Rye - Annual Fund  
Trinity Lutheran Church - March For Meals  
Char Herman - Soupless Soup Kitchen  
Art Winckler - Annual Fund  
Brad Lindemann Family - Meals on Wheels  
Benedictine Sisters - Annual Fund  
Glenn & Phyllis Grosshuesch - Tax Donation  
Don & JoAnn Frasch - Tax Donation  
Jill Huetig - Tax Donation

Your generous support is greatly appreciated!



**Every Tuesday & Friday (7pm)**

(Open to the public)

**Join the fun and win some money**

CANCELLATION POLICY:

BINGO WILL BE CANCELLED IF WE HAVE FEWER THAN 25 PEOPLE IN ATTENDANCE. THIS IS AT THE DISCRETION OF THE CALLER.

**LISTEN TO KYNT, KVHT OR WNAX FOR CANCELLATIONS.**

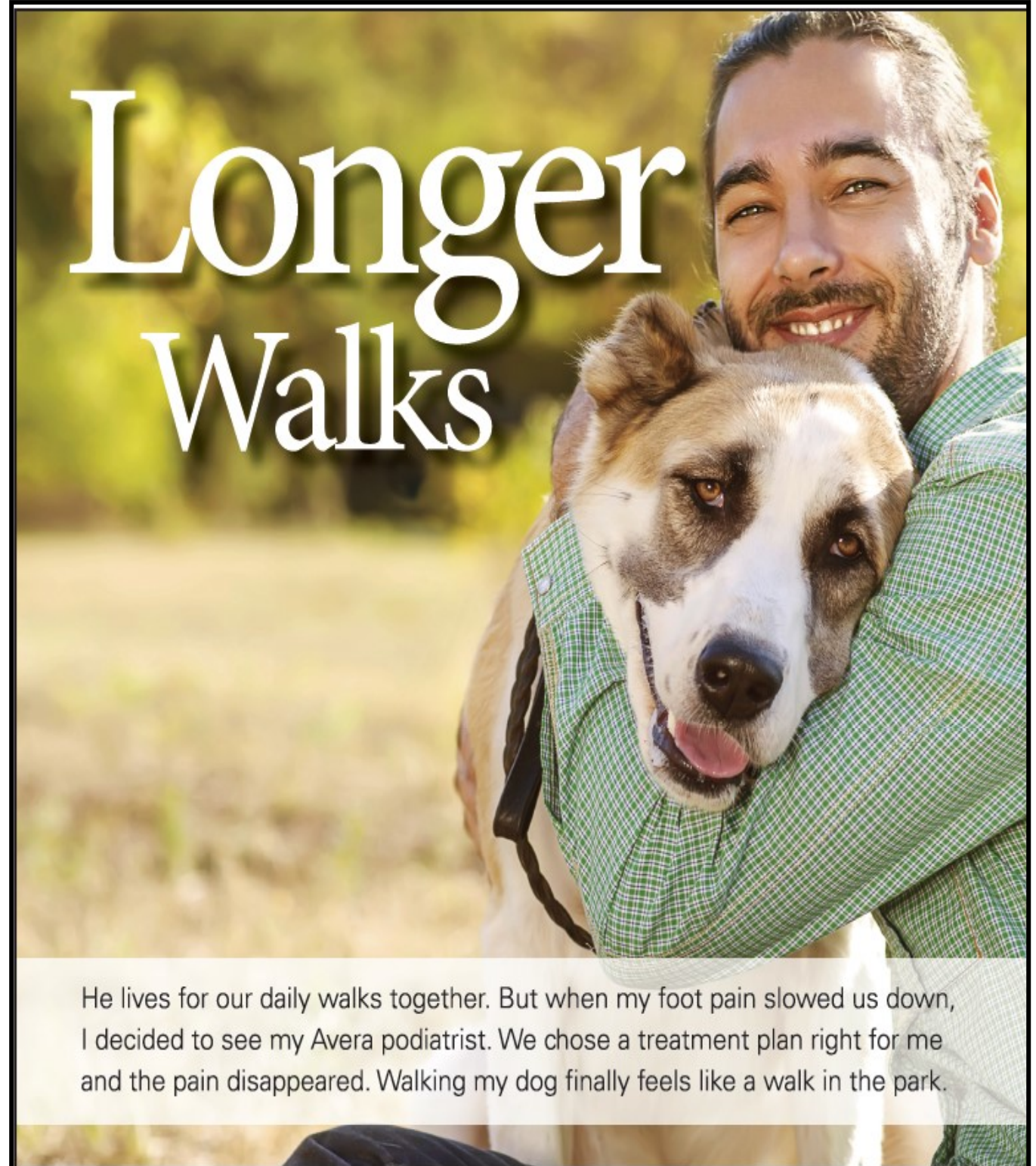


Pancake Volunteer  
Chuck Schild.

Looks like he's sold out of French Toast.

**HuVee** Open 24 HOURS  
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**665-3412**  
**Floral 665-0662 • Pharmacy 665-8261**  
**Wine & Spirits 665-7808**

# Longer Walks



He lives for our daily walks together. But when my foot pain slowed us down, I decided to see my Avera podiatrist. We chose a treatment plan right for me and the pain disappeared. Walking my dog finally feels like a walk in the park.

**Talk to an Avera podiatrist if you have joint pain while:**

- Walking or jogging
- Climbing stairs
- Standing for long periods of time

**Avera**   
**Medical Group**  
Podiatry  
Yankton

409 Summit St., Suite 2600  
Yankton, SD 57078

## Nutrition Programs

Dine at **The Center** daily  
(Home-cooked meals)  
11:30am-12:30pm

Eat breakfast and enjoy an evening or weekend meal at **Hy-Vee** with your pre-paid meal account.

If you are over 60 and homebound or recovering from a hospital stay for illness or injury, our volunteers will deliver a meal to you thru the **Meals on Wheels** program.

Suggested donation for meals is **\$3.75** if you are over 60 and **\$6.00** if under.

**Please call for a meal reservation—665-1055**

**Frozen meals are available for evenings and weekends.**



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We can host your wedding reception, bridal shower, class or family reunion, birthday, anniversary, graduation or Christmas party, customer appreciation event or any other celebration.

**Call 665-4685 • 900 Whiting Dr., Yankton**

## Wine & Dine - Friday, July 12th

We have some great auction items!! (As of 4/29/19-Not all inclusive)

Featuring Auctioneer Greg Ryken

**Artwork** (Dave Tunge, Jolene Steffen)  
**Guided Fishing Trip** (Randy & Joleen Smith, King's Inn)  
**Dinner For 8** (Barb & Joe Rezac)  
**Bridge Party Luncheon** (Fran Fox)  
**Lawn Care Package** (Soil Works)  
**Pet Care** (Animal Health Clinic, All Paws for You)  
**Party with Food/Drinks** (Stringers)  
**Indoor & Outdoor Storage** (Premier Ventures)  
**Sports Packages** (SDSU, Yankton School District)  
**Date Night Package** (Pied Piper Flowers, Minerva's, Kelly Inn)  
**Overnight Stay** (Courtyard by Marriott/Spring Hill Suites, Minneapolis Marriott West Hotel)  
**Golf Outing** (Crofton Lakeview, Fox Run, Hillcrest, Springfield, Two Rivers, Miracle Hills Golf Club, Tatanka)  
**Casino Packages** (Fort Randall, Royal River Casino, Grand Falls, Deadwood Gulch, Ohiya Casino, First Gold Hotel & Gaming, Harrah's Hotel & Casino)  
**Air Flight Experience** (Jake Hoffner)  
**Fitness** (Summit Activities Center)  
**Cleaning Certificate** (Intek, J&H Cleaning)  
**Sweet Treats** (Janice DeJong, The Center)  
**Car Care Packages** (Abby's Auto Detailing, Graham Tire, TMA)  
**Gas Certificates** (Cork N Bottle, Gerstner Oil)  
**Kids Fun** (Launch Pad Children's Museum, Crayola Experience, Omaha Children's Museum, Valley Fair Amusement Park)  
**Newspaper/Magazine Subscriptions** (P&D, SD Magazine)  
**Sports Apparel** (JJ Benji Screen Printing, EASW)  
**Massage Packages** (Healing Hands Massage, Tranquility Massage Therapy, Yankton Massage & Skin Care, Yankton Therapeutic Massage)  
**Dental Care** (Scott Family Dentistry & Neighborhood Dental)  
**Champagne Brunch/Style Show for 8** (Peggy Schiedel & Linda's Angel Crossing)

**Ribeye Beef Loins** (Heine Cattle Company)  
**40lbs Ground Beef** (Allan Stoebner)  
**3 Loads of Rock** (Kellen & Streit)  
**Tonneau Truck Cover** (Truxedo)  
**Sioux Falls Fun Day** (Clubhouse Hotel, SD Symphony, Sky Zone, Wild Water West, Washington Pavilion, Great Plains Zoo)  
**Restaurant Certificates** (Jodean's, Granite City Food & Brewery, Minerva's, Over Time Sports Grill)  
**Pie a Month for a Year** (Fryn' Pan)  
**Buffet a Month for a Year** (Pizza Ranch)  
**Omaha Getaway** (Joslyn Art Museum, Lauritzen Botanical Gardens, Funny Bone Comedy Club, Durham Museum)  
**Kansas City Royals Tickets** (KYNT Radio)  
**Hair Care & Girly Things** (Hair Studio, Style N' File, Head to Heels, 21st Street Salon, Brenda Brandt Jewelry)  
**Christmas at the Cathedral** (Catholic Community Foundation)  
**One Day Boat Rental** (Lewis & Clark Marina)  
**Extreme Bulling Riding** (Yankton Rodeo Association)  
**Quilt** (Dakota Prairie Quilt Guild)  
**Homemade Afghan** (Barb Koster & Mary Johnson)  
**Sailboat Cruise** (Tom & Mary Reiners, Jim & Joyve Vlahakis)  
**3 Month Free Service** (Vast Broadband)  
**Bowling** (Yankton Bowl, Wiebelhaus Recreation)  
**Baskets** (First Dakota Nat'l Bank, Steph & Mary Storla, Jean Prater)  
**Miscellaneous Items** (Hebda Farms, Yankton Transit, Menards, Mead Lumber, Ace Hardware)  
**In Kind Donations** (Casey's, Hydro, Walmart)

Tickets may be purchased at **The Center** or from a **Committee Member**:

Duane Frick, David Hosmer, Bob Kellen, Joleen Smith, Kara Payer, Velma Kuchta, Julz Tesch, Diane Reese, Pam Rezac, Carla Schlingman, John Swensen, Cee Sorensen, Steve Wentworth

**Proceeds benefit Meals On Wheels, Center Activities & Equipment Needs**

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Beth Beeman,  
Au.D., CCC-A, FAAA



Todd A. Farnham,  
Au.D., CCC-A, FAAA



Jason R. Howe,  
M.S., CCC-A, FAAA

Call us at 605-665-0062 to schedule an appointment.



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Ear, Nose & Throat

2525 Fox Run Parkway, Suite 101, Yankton, SD 57078

605-665-0062

www.YanktonMedicalClinic.com/ENT

# Volunteer News

## Congratulations!

Our **May Volunteers of the Month** are Don & JuLee Werkmeister.

Don & JuLee are consistent volunteers in nearly every area possible at The Center.

They coordinate pinochle on Tuesdays, help with Bingo, pancake feeds, evening meals, rummage sales, meals and wheels and more.

They are both very active with Feeding South Dakota and when possible have many donations for our Center. Thank you Don & JuLee for your support of The Center.

**Enjoy your parking spot.**



## Volunteer Opportunities

Would you like to do something rewarding? Volunteers are the core of our organization. If you would like to **make a difference**, stop in the office and we will find something that interests you. Thank you.

**Daily, weekly or monthly opportunities are available.**

Meals on Wheels Drivers

Wine & Dine Fundraiser

Pancakes

Dances

Bingo

Kitchen Helpers

Rummage Sale

Special Events

Receptionist/Office Work

Committee Work-Behind The Scenes

## Senior Companions Needed

Are you **55 or older** and like helping others?

Could you use a little **extra income**?

Are you looking for a way to **get involved** in your community?

Consider becoming a Senior Companion.

It's a wonderful volunteer opportunity for older adults.

As a Senior Companion, you would **help people remain independent** in their own homes or apartments.

Activities might include conversation, assistance with reading and writing, preparation of meals, help with shopping or other tasks that are essential for independent living. If you or someone you know would be **interested in becoming a Senior Companion**,

**call toll free 1-888-239-1210.**

**We have been approached by many who have been disappointed that they have not been asked to volunteer. We are trying to spread the jobs around. There are several opportunities and we need you. It is challenging for Colleen to keep track of who has been asked and who has served. So please contact Colleen if you want to volunteer.**

Have you noticed, we now have a handicapped spot on the West side of the building that is Marked van accessible. It is very important that when you park your car, you **don't park in the walkway**. We want to make walking to our building as easy as possible. Also, a reminder to please be courteous of those needing to park in the handicapped spots in the parking lot. You must display your handicapped sign in order to park in these spots.



**Thank You!**

# Tabor Nutrition Center

## Tabor Nutrition Center

138 North Lidice

Tabor, SD 57063

605-463-2505

## Hours of Operation

Tues, Wed, & Thurs

11:30am-12:30pm

Meal Donation \$4.25

## May 2019 Menu

**Suggested donation is \$4.25 for those over 60 and \$6.50 for those under 60. Please call 463-2505 by 9:00am for reservations. Menu is subject to change. Meals are served with bread, milk and coffee.**

May 1	Porcupine Meatballs
May 2	Baked Steak/Gravy
May 7	Hamburger
May 8	Hot Pork Sandwich
May 9	Meatloaf
May 14	Breaded Fish
May 15	Baked Chicken
May 16	BBQ Roast Beef Sandwich
May 21	Pork Chops ( <b>Evening Meal</b> )
May 22	French Dip
May 23	BBQ Chicken Breast
May 28	Swiss Steak
May 29	Chicken Fried Steak
May 30	Chicken & Dressing ( <b>Birthday Meal</b> )



Don Mudloff, Joann Sedlacek



Gloria Merkwan, Dennis Povondra, Gail Hovorka, Sherry Povondra, and Irene Koranda

## Tabor News

Hello and Happy May from the Tabor Nutrition Center.

With all the rain we have had our May flowers are having a difficult time blooming. We hope the rain ceases for a while.

We have seen some nice numbers with our meal counts. Keep on dining with us, we love having you.

Matt & Joe entertained us at our April evening meal and they plan to stop by again in May.

May is Mothers' Day month, we will have a neat display all month long honoring our Moms. Bring a picture of your Mom and a story to share with us.

We are expecting another busy month with graduations, Mothers' Day, and Memorial Day. Stay safe in your travels, keep a spring in your step and love in your heart.

**Gail Hovorka**  
Tabor Site Coordinator

## Birthdays

May 1  
May 5  
May 27

Ron Hovorka  
Verda Sykora  
Ev Kloucek



## Tabor Wish List

- Coffee
- Paper Towels
- Laundry Soap
- Hand Soap
- Small Paper Plates
- Lysol Cleaner
- Napkins



Bob Kortan, Ernie Merkwan, Louie Ruman, Shirley



**Tabor School**  
**Raised \$250.00**  
**during the**  
**month of March**

## Trips

### Worthing Dinner Theater

**5:00pm-11:00pm - \$62.00 per person**  
(Includes transportation, dinner & theater)

**“Dial M for Murder” - Friday, May 10, 2019**

Hailed as “a holiday for the whodunit fans” this thrilling murder mystery will leave you wondering to the very end. Husband Tony Wendice seems as though he will do anything to get his hands on his wife Margot’s fortune. However, when the hitman he hires turns up dead instead of his wife, the audience is left wondering what could possibly have happened, and what Tony will do next to get her money.

With detectives working fast to find the true culprit, it seems that everyone in this show has their own angle to work. Find out why the New York Times called it “original and remarkably good theatre – quiet in style but tingling with excitement underneath”

**\*\*The policy of Olde Towne Dinner Theater states there are no refunds or exchanges. If we are unable to attend due to inclement weather, The Center cannot issue a refund or exchange.\*\***  
(We have only had to cancel 1 show in the past 10 years due to weather).



## Center Wish List

Thank You For Your Donations!

- Decaf & Regular Coffee
- Small Paper Plates
- Toilet Paper
- Fun Size Candy Bars
- Dog & Cat Food
- C, AA & AAA Batteries
- Sandwich Baggies
- Laundry Soap
- Napkins
- Kleenex
- Hand Sanitizer

### Morning Coffee Show with Scott Kooistra

Tuesday, May 14th at 7:40am & 12:20pm  
Tuesday, June 11th at 7:40am & 12:20pm



**Tune into 1450AM**  
Hear about upcoming  
events and activities at  
The Center.



## Nutrition Education

### Beverages: Make Every Sip Count



When choosing drinks, ask:

**“How Can I Make Every Sip Count?”** Drink natural, nutrient packed beverages like milk, 100% juices and water to boost your nutrition.

**Did I drink 2-3 cups of milk today?** Drink low-fat or fat-free milk to build strong teeth and bones.

**Am I Thirsty?** Choose water to stay hydrated without adding extra calories. Add flavor with sliced fruit or cucumber.

**What If I Don’t Like The Taste Of Tap Water?** Leave water overnight in an open container. Chlorine evaporates so water tastes better.

**What should I do with the large drink from a meal combo at fast food restaurants?** Substitute low-fat or fat-free milk, water or split a drink with family.

**What’s in your drink?** Read the label, limit drinks with added sugars. 100% juice should always be listed first on the label.

**Drinks to choose most often:** water, milk, 100% juice, unsweetened beverages or fortified soy based beverages.

**Drinks to choose less often:** soda, sports drinks, energy drinks, fruit drinks, sweetened teas, coffees and other beverages.

**Don’t forget to order you extra meals for evenings, weekends and holidays.**

**Mandi Lampman—Meals on Wheels Coordinator**

### Making People Feel Welcome

We want to make everyone who comes to The Center feel welcome. If you see a new member or a new diner, please welcome them to your table or pull another up to make room and offer up some conversation of what we do at The Center. We, as members, should all be ambassadors promoting our great organization.

### Meal Reservation/Cancellation

We have been so happy with how far we have come with everyone calling in for meal reservations. Our numbers are nearly spot on, which in turn, means less waste. Please continue to call in for reservations or to cancel a meal.

We enjoy having you dine with us at The Center. We ask that you keep your nutrition account current by paying for your meals in advance, or use a pay as you go system. This minimizes the need for additional staff hours. Please check with Mandi or Dick if you need to know your current balance.

### Enjoy Breakfast, Lunch and Dinner At Hy-Vee

Enjoy meals at Hy-Vee if you are 60 or older.  
Stop in the office to get a scan card (for \$1) and show your card at Hy-Vee and get meals for the suggested donation of \$3.75.

#### Breakfast

(Serving 6am-11am)

- 2 Eggs, Hash Browns & Toast
- 2 Eggs, Bacon or Sausage/Toast
  - 2 Egg Omelet & Toast  
(2 choices of ham, bacon, sausage, onions, mushrooms, peppers or cheese)
  - English Muffin Sandwich  
(Egg & Cheese—choice of ham, bacon or sausage)



**All breakfast meals are served with coffee and juice or milk**

#### Lunch/Dinner

(Serving 11am-8pm)

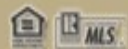
- Meatloaf
- Pork Loin
- Blue Ribbon Burger
- 1 piece Baked Chicken
- 1/2 Hot Beef Sandwich
- 1/2 Hot Turkey Sandwich
- Choice of Fish (Lent only)

**Meals are served with potato, 2 fruits or 2 vegetables or 1 fruit & 1 vegetable, coffee and milk**

**(NO SUBSTITUTIONS)**

**CENTURY 21**

Professional Real Estate



Each Office is Independently Owned and Operated

**C: 605-661-8643**

**F: 605-665-0243**

*Carla Schlingman*  
Broker

1701 Broadway Ave Ste 1, Yankton, SD 57078



[www.yanktonrealestate.com](http://www.yanktonrealestate.com)

[cschlingman@iw.net](mailto:cschlingman@iw.net)

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# Nutrition News

## March 2019 Meal Counts

Sites	Yankton	Sunrise	Hy-Vee	Tabor	Total
Congregate	1115 (56 per day)	253 (13 per day)	309 (10 per day)	221 (20 per day)	1898 (95 per day)
Home Delivered	1767 (88 per day)	N/A	N/A	47 (4 per day)	1814 (91 per day)

### May Kitchen Volunteers

If you are unable to work your scheduled day, please check to see if you could trade with someone.

May 1	Sandra Kreber
May 2	Sylvia Coulson
May 3	Helena Rezac
May 6	JuLee Werkmeister
May 7	Barb DeJager
May 8	Geri Loecker
May 9	Janice Kirschenman
May 10	Eileen Leshar
May 13	Dorothy Gobel
May 14	Alma Logdahl
May 15	Sandra Kreber
May 16	Geri Loecker
May 17	Helena Rezac
May 20	Carol Wynia
May 21	JuLee Werkmeister
May 22	Diana Klassy
May 23	Dorothea Hoebelheinrich
May 24	Bonnie Strnad
May 27	Center Closed
May 28	Alma Logdahl
May 29	Bonnie Strnad
May 30	Delphine Peterson
May 31	Helena Rezac

For those who are getting their meals delivered to the table, please remember to stop at the pay table before you leave to get your card scanned.

### The Center Ribfest!

Wednesday, May 22nd - 4:30pm-6:30pm  
(4th Wednesday every month)




**Serving:**  
BBQ Ribs  
Creamed Potatoes  
Green Bean Casserole  
Fruit  
Chocolate Pudding  
Bread, Butter, Coffee & Milk

Our evening meal is open to the public, so bring your family and friends and enjoy a delicious home cooked meal.

**Suggested Donation \$6.00**

Very Important to call for reservations, 665-1055  
158 people were served in April.



**YANKTON MEDICAL CLINIC, P.C.**  
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[www.YanktonMedicalClinic.com](http://www.YanktonMedicalClinic.com)

**Regular Clinic Hours:**  
M-F: 8 a.m. - 5:30 p.m.  
Sat.: 8:30 a.m. - Noon

**Convenient Care Hours:**  
M-F: 5 - 9 p.m.  
Sat. & Sun.: Noon - 5 p.m.

**Pharmacy**  
605-665-2929  
Pharmacy Hours:  
M-F: 8:30 a.m. - 9 p.m.  
Sat.: 8:30 a.m. - 5 p.m.  
Sun.: Noon - 5 p.m.

**Ear, Nose & Throat**  
605-665-0062  
2525 Fox Run Parkway, Suite 101  
Yankton, SD 57078

**Regular Clinic Hours:**  
M-F: 8 a.m. - 5 p.m.  
Closed: Noon - 1 p.m. Daily




# Gratitude Page



### With Thanks!

Thank you to Marilyn Obr and her family for dying many dozens of eggs for our Meals on Wheels clients and our Congregate diners. We always look forward to it each Easter.



### With Appreciation!

Thank you to the Dakota Territory Girls Scouts for their generous donation of Girl Scout Cookies! We have been having fun, playing games and giving away cookies as prizes.

### Thankful!

After a long winter, we want to thank the City of Yankton and Connie Miles for keeping our parking lot and sidewalks clean and safe for our guests. We appreciate it and are very happy we won't need their services until next year. Spring has sprung.



Jim Huisman with Webster School Volunteer

### Thanks to USD Dental Hygiene

We were so grateful to have had the USD Dental hygiene students come to The Center. While here, they seen a total of 27 patients and services provided saved them \$5,670. Most of the patients seen had said financial barriers had kept them from seeing a dentist regularly. The dental hygiene program was able to provide these services at The Center due to the grant funding they received.

We look forward to having them back next year.



### Grateful!

Thank you to First Dakota National Bank for sponsoring our Volunteer Appreciation Dinner during National Volunteer Week. We hope you enjoyed the monogrammed bowls The Center purchased. We are so grateful to have so many dedicated volunteers. We appreciate you



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**Yankton: (605) 655-5900**  
Toll Free: 877-624-5900 • [www.HeartPrintHomeCare.com](http://www.HeartPrintHomeCare.com)



# Potpourri

## The Banquet (June 6th)

For the 7th year in a row we are blessed to be a part of the Banquet ministry. We are hosting the dinner at 6pm at the United Church of Christ Church serving our (Dagmar's) legendary goulash. We are in need of workers, food, and cash donations. Stop by the office to sign up and donate. We are grateful to serve the nutritional needs of the Yankton Community.




Lunch diners enjoying a great meal and fellowship.



Dr. Tom Stotz, Dr. Jim Fitzgerald, Dr. Sheila Fitzgerald,  
Dr. TJ Stotz, Dr. Matt Erlandson, Dr. McKenzie Erlandson,  
Dr. Jay Fitzgerald, Dr. Lindsey Sivertsen


Locations in Yankton, Scotland, Tyndall & Wagner, SD  
and Bloomfield & Harlington, NE



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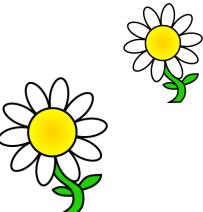
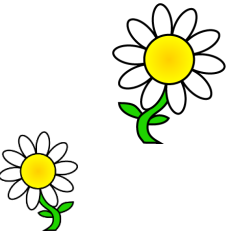
Visit us at [www.wintzrayfuneralhome.com](http://www.wintzrayfuneralhome.com)

# May Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Evening Meal (22nd)</b> BBQ Ribs Creamed Potatoes Green Bean Casserole Fruit Chocolate Pudding	<b>Dinner &amp; Movie(15th)</b> BBQ Chicken Potato Salad Baked Beans Dessert	1 Turkey & Dressing Mashed Potatoes/Gravy Seasoned Spinach Grapes	2 Baked Chicken Creamed Potatoes Baked Squash Pears	3 French Dip Sandwich French Fries Baked Beans Peaches
6 Beef Tips in Gravy Mashed Potatoes Corn Applesauce	7 Chicken Pot Pie with Potato Topping Broccoli Tapioca Pudding	8 Roast Beef 1/2c Herb Diced Potatoes 1/2c California Blend Veg Fruit <b>Pancake Feed</b>	9 Herbed Pork Chop Baked Potato Mixed Vegetables Tropical Fruit Brownie <b>Anniversary Dinner</b>	10 Chef's Choice (Chicken)
13 Baked Steak Rice & Gravy Glazed Carrots Fruit Crisp	14 Chicken & Dressing Mashed Potatoes/Gravy Brussel Sprouts Jell-O w/Fruit	15 Bean & Ham Soup Biscuits Tossed Salad Acini Salad <b>Dinner &amp; Movie</b>	16 Meat loaf Oven Brownd Potatoes Creamed Peas Fruit Cake & Ice Cream <b>Birthday Dinner</b>	17 Pork Roast Boiled Potatoes/Gravy Baked Squash Fruit
20 Lasagna Italian Vegetables Chinese Coleslaw Fruit Slush	21 Pork Cutlet Baked Sweet Potato Cauliflower Crunchy Cranberry Salad	22 Chicken Salad Sandwich Vegetable Soup Cole Slaw Pears <b>Evening Meal</b>	23 Chicken Parmesan Company Potatoes Harvard Beets Butterscotch Pudding	24 Swiss Steak Baked Potato Broccoli Corn Bake Tropical Fruit
27 <b>Memorial Day Closed</b>  <b>No Meals On Wheels</b>	28 Beef & Noodles Glazed Carrots Fruit Cocktail Chocolate Pudding	29 Chicken Fried Steak Mashed Potatoes/Gravy Creamed Peas Brownie	30 Ham Loaf Baked Sweet Potato Green Beans Applesauce	31 Sweet & Sour Chicken Rice Oriental Vegetables Acini Salad

As we continue to watch our bottom line & be financially stable, please make sure you call the day before to make reservations at 665-1055. If you have a group of people for lunch and you would like to sit together, please reserve your table by setting your silverware, coffee cup etc. Menu is subject to change. **All meals are served with 1% milk, coffee and bread.** If you are 60 or older, the suggested donation is \$3.75. If you are under 60 the meal is \$6.50.

# May Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Billiards 8:30 Line Dancing 9:30 Exercise 11:00 Rummikub 12:15 P. Bridge 12:45 Cribbage 1:00	<b>2</b> Table Tennis 8:30 Billiards 8:30 Toe Nail Clinic 10:00 Pinochle 12:45 Dominos 12:45	<b>3</b> Billiards 8:30 Line Dancing 9:30 Exercise 11:00 Bridge 12:45 Bingo 7-9
<b>6</b> Billiards 8:30 Line Dancing 9:30 Exercise 11:00 Pinochle 12:45 Hand & Foot 1:00	<b>7</b> Table Tennis 8:30 Billiards 8:30 Bible Study 10:30 Pinochle 12:45 SHIINE 4-6 Bingo 7-9	<b>8</b> Billiards 8:30 Line Dancing 9:30 Exercise 11:00 Rummikub 12:15 P. Bridge 12:45 Cribbage 1:00 <b>Pancake Feed 4:30pm-6:30pm</b>	<b>9</b> Table Tennis 8:30 Billiards 8:30 Pinochle 12:45 Dominos 12:45 <b>Anniversary Dinner 11:30am-12:30pm</b>	<b>10</b> Billiards 8:30 Line Dancing 9:30 Exercise 11:00 Bridge 12:45 Commodities 1-3 Bingo 7-9
<b>13</b> Billiards 8:30 SHIINE 9-12 Line Dancing 9:30 Craft Class 10:30 Exercise 11:00 Pinochle 1:00 Hand & Foot 1:00	<b>14</b> Table Tennis 8:30 Billiards 8:30 Dementia Grp 10:00 Bible Study 10:30 Pinochle 12:45 SHIINE 4-6 Bingo 7-9	<b>15</b> Billiards 8:30 Line Dancing 9:30 Toe Nail Clinic 10:00 Exercise 11:00 Rummikub 12:15 P. Bridge 12:45 Cribbage 1:00 <b>Dinner &amp; A Movie 4:30pm-6pm Meal 6:pm-7:30pm Movie</b>	<b>16</b> Table Tennis 8:30 Billiards 8:30 Nurse 10:30-12 Pinochle 1:00 Dominos 12:45	<b>17</b> Billiards 8:30 Line Dancing 9:30 Exercise 11:00 Bridge 12:45 Bingo 7-9
<b>20</b> Billiards 8:30 Line Dancing 9:30 Exercise 11:00 Board Meeting 12:00 Pinochle 1:00 Hand & Foot 1:00 SHIINE 1:30	<b>21</b> Table Tennis 8:30 Billiards 8:30 Bible Study 10:30 Pinochle 12:45 SHIINE 4-6 Bingo 7-9	<b>22</b> Billiards 8:30 Line Dancing 9:30 Exercise 11:00 Rummikub 12:15 P. Bridge 12:45 Cribbage 1:00 <b>Evening Meal (Ribs) 4:30pm-6:30pm</b>	<b>23</b> Table Tennis 8:30 Billiards 8:30 Nurse 10:30-12 Pinochle 12:45 Dominos 12:45	<b>24</b> Billiards 8:30 Line Dancing 9:30 Exercise 11:00 Bridge 12:45 Bingo 7-9
<b>27</b> <b>Memorial Day Center Closed No Meals on Wheels</b>	<b>28</b> Table Tennis 8:30 Billiards 8:30 Bible Study 10:30 Pinochle 12:45 SHIINE 4-6 Bingo 7-9	<b>29</b> Billiards 8:30 Line Dancing 9:30 Exercise 11:00 Rummikub 12:15 P. Bridge 12:45 Cribbage 1:00	<b>30</b> Table Tennis 8:30 Billiards 8:30 Pinochle 12:45 Dominos 12:45	<b>31</b> Billiards 8:30 Line Dancing 9:30 Exercise 11:00 Bridge 12:45 Bingo 7-9



# Membership News

## Thank You for Your Donation

Tea  
Coffee  
Toilet Paper & Coffee  
Coffee  
Books & Magazines  
Napkins, Plates, Toilet Paper  
Greeting Cards  
Disposable Cups  
Cat & Dog Food, Greeting Cards  
Magazines  
Coffee & Candy  
Coffee, Laundry Soap, Toilet Paper, Magazines  
Coffee  
Greeting Cards  
Vanilla  
Paper Plate  
Greeting Cards  
Playing Cards  
Napkins, Plates, Toilet Paper, Batteries, Baggies  
Toilet Paper, Baggies, at & Dog Food  
Magazines  
Napkins  
Magazines  
Greeting Cards

Merl Johnson  
Andy & Barb DeJager  
Ed Gleich  
Victor & Darlene Schaeffer  
Darwin & LaVila Tessier  
Janet Saylor  
Peg Wittmeier  
Dan & Dianne Wubben  
Sharon List  
Greg & Violet Dangel  
Theresa Arens  
Fran & Sandy Johnson  
George & Floris Woodhouse  
Eileen Leshar  
Bill & Pat Cerny  
Charles & Beth Nyquist  
Dorothea Hoebelheinrich  
Velma Lane  
Gary & Velma Kuchta  
Jim & Shari Hovland  
Jill Huetig  
Marilyn Obr  
Bob & Janet Neibergall  
Betty Adam

## Welcome New Members

Naomi Bierle—Yankton  
Terri Lammers—Yankton

## Get Well Cards

Rose Townsend  
Sandy Sebben

## Sympathy Cards

### Marilyn Gorsett Family

**Lucille Dayhuff**  
(Loss of Husband)

**Donna Harts**  
(Loss of Husband)

**Elsie Huntley**  
(Loss of Husband)

*With Deepest  
Sympathy*

## Memorials

**In Memory of Marge Becker**  
MaryBeth Wahl

**In Memory of Leona Bouska**  
Gert Boyles

**In Memory of Bill Dayhuff**  
Pat & Christy Hauer

**In Memory of Charles Huntley**  
Pat & Christy Hauer

**In Memory of Rodger Harts**  
Pat & Christy Hauer



Webster School student helping Donna Steckler.



Beadle School student having lunch with Floris & George Woodhouse

## Happy Birthday

May 1	Joyce List	May 15	Rudy Gerstner	May 24	Carolyn Becker
May 2	Amanda Johnson	May 17	Justin Olson	May 24	Natalie Frick
May 4	Dick Abild	May 19	Lucile Masten	May 24	Elsie Gurney
May 4	Mary Milroy	May 20	Phyllis Dingman	May 24	Dick Hudson
May 6	JoAnn Frasch	May 20	JoAnn Smith	May 24	Dr. Susan Fanta
May 7	Kathie Gerstner	May 20	Vivian VanEssen	May 26	Sharon List
May 7	Paul Harens	May 21	Charles Evander	May 26	Cheryl Nagy
May 8	Ronald Hunhoff	May 21	Donna Schaefer	May 26	Bob Neibergall
May 9	Aldine Mayer	May 21	Diana Spence	May 26	Dulare Ramse
May 9	Tim Fanta	May 22	Gloria Becker	May 27	JoAnn Huitema
May 10	Marcella Kudrna	May 23	Ken Blumer	May 27	Darwin Klassy
May 10	Eunice Ries	May 23	Duane Frick	May 28	Brian Cwach
May 12	Evelyn Timm	May 23	Loretta Kohles	May 29	Fran Johnson
May 13	Roberta Berney	May 23	Carol Pickner	May 29	Alice Slate
May 13	Alma Logdahl	May 23	Steve Wentworth	May 30	John Jonas
May 14	Bernie Wagner			May 30	Dorothy Stallman

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## Happy Anniversary

May 1	Dan Johnson & Mary Milroy
May 7	Pat & Christy Hauer
May 14	Ron & Diane Kast
May 19	Denis & Dolores Feilmeier
May 20	Lyle & Jane Malone
May 22	Bill & Kate Shoemaker
May 26	Ken & Marsha Bertsch
May 26	Duane & Natalie Frick
May 28	Glenn & Bernita Mannes
May 29	Fran & Sandy Johnson
May 29	Gregg & Kayleen Ehresmann



## Activities

### Activity Coordinators

Please contact coordinators if interested in participating in an activity.

Bible Study (Tues)	Lois Kirschenman	661-1914
Bridge (Fri)	Toots Marchand	665-9508
Cribbage (Wed)	Phyllis Christiansen	668-0659
Craft Class	Cathy Orton	832-385-5305
Dominos (Thurs)	JoAnn Huitema	665-9291
Exercise/NuStep (M-W-F)	Office	665-4685
Hand & Foot (Mon)	Bev Larsen	665-5595
Line Dancing (M-W-F)	Eileen Leshner	664-6548
Meals On Wheels	Mandi Lampman	665-1055
Partnership Bridge (Wed)	Dan Miller	661-8017
Pinochle (Mon & Thurs)	Joyce Kollars	665-4410
Pinochle (Tues)	Don & JuLee Werkmeister	665-1518
Table Tennis (Tue & Thurs)	Dan Miller	661-8017
Trips/Tours	Office	665-4685
Wii Bowling	Jeanne Laffey	665-2774

### Pinochle News

#### Round Robin—April 1, 2019

Sharon Tronek & Clint Burt

#### Round Robin—April 4, 2019

George Woodhouse & Janice Olson

#### Round Robin—April 18, 2019

Janice Olson & Jeanne Laffey

#### Round Robin—April 22, 2019

John Swensen & Marillyn Obr

#### Double Pinochle—April 25, 2019

Charles Wagner & Don Naber

Cards will begin at **1:00pm**

Thursday, May 16th.

Thank you for your cooperation.

#### A Reminder to All Card Players

If you are unable to play, it is your responsibility to find a replacement. Ask Card Coordinator for a substitute list. The option to play 3 handed pinochle is always available.

### Wii Bowling News

#### Tuesday League

##### April 2, 2019

Karen Gran had a high game of 234 and a high series of 583. Elaine List picked up a 4-5 & 5-10 split.

##### April 9, 2019

Karen Gran had a high game of 209 and a high series of 587. Karen Gran picked up a 4-5-7 split. Elaine List picked up a 5-10 split.

**\*\*Karen Gran won the league\*\***

#### Thursday League

##### April 4, 2019

Marillyn Obr had a high game of 278 and a high series of 722. Beth Nyquist picked up a 2-5-7 split. Dorothy Gobel picked up a 5-10 split, 3 times.

##### April 11, 2019

Marillyn Obr & Jeanne Laffey had a high series of 542. Jeanne Laffey had a high game of 213. Bev Larsen picked up a 4-5-7 split. Joan Haberman picked up a 4-5-7 split.

**\*\*Marillyn Obr won the league\*\***

1st Place	Mary Law	862
2nd Place	Marillyn Obr	794
3rd Place	Bev Larsen	767
4th Place	Beth Nyquist	764
5th Place	Elaine List	763
6th Place	Sandy Kreber	760

### Exercise Class With Judi O'Connell



Low impact chair exercises with Judi every Monday, Wednesday & Friday at 11:00am, \$20 for 10 classes.

(join us for dinner after class)

**CARDS MAY BE PURCHASED IN THE FRONT OFFICE**

# Activities

**Dinner & A Movie** (Last one of the season)  
 (Spring Picnic)  
**Wednesday, May 15th**  
**4:30pm-6:00pm (meal) - 6:00pm-7:30pm (movie)**

**Suggested donation \$6.00**  
 (Dinner, Movie & Popcorn)

**We are serving:**  
**BBQ Chicken**  
**Potato Salad**  
**Baked Beans**  
**Dessert**

**Bread, Butter, Milk and Coffee**

**RSVP: 605-665-1055**

**Showing: "Hidden Figures"**

Three brilliant African-American women at NASA, Katherine Johnson (Taraji P. Henson), Dorothy Vaughan (Octavia Spencer) and Mary Jackson (Janelle Monáe) serve as the brains behind one of the greatest operations in history: the launch of astronaut John Glenn (Glen Powell) into orbit, a stunning achievement that restored the nation's confidence, turned around the Space Race and galvanized the world.



During the summer months, we will only have an evening meal on the 4th Wednesday each month. Dinner & A Movie will resume in September.

The Center Activities Committee is seeking members. The committee meets monthly at The Center to discuss current activities as well as new activities. If you are interested in serving on this committee, please stop in the office and talk to Kriss.

## Partnership Bridge News

### April 3, 2019

- |                                   |             |
|-----------------------------------|-------------|
| 1. Muriel Stach & Beth Nohr       | Score: 5970 |
| 2. Judy Kistler & Janet Ausdemore | Score: 5620 |
| 3. Rod Nohr & Lyle Malone         | Score: 4650 |

**Slams:** MaryAnn Anderson & Jeannie Gustad  
 Fran Mollet & Marilyn Weverstad

### April 10, 2019

- |                                     |             |
|-------------------------------------|-------------|
| 1. Beth Nohr & Muriel Stach         | Score: 6390 |
| 2. Rose Mather & Dan Miller         | Score: 4440 |
| 3. Jean Fitzgerald & Jean Schaecher | Score: 4030 |

**Slam:** Beth Nohr & Muriel Stach

### April 17, 2019

- |                                    |             |
|------------------------------------|-------------|
| 1. Muriel Stach & Beth Nohr        | Score: 6470 |
| 2. Fran Mollet & Marilyn Weverstad | Score: 5910 |
| 3. Judy Kistler & Janet Ausdemore  | Score: 5540 |

**Slams:** Judy Kistler & Janet Ausdemore  
 Margie Eddie & LaVila Tessier

### April 24, 2019

- |                                     |             |
|-------------------------------------|-------------|
| 1. Glenn Mannes & Darwin Tessier    | Score: 5170 |
| 2. Fran Mollet & Marilyn Weverstad  | Score: 4690 |
| 3. Jean Fitzgerald & Jean Schaecher | Score: 4510 |

## Friday Bridge News

### March 29, 2019

- |                                   |             |
|-----------------------------------|-------------|
| 1. Janet Ausdemore & Judy Kistler | Score: 4100 |
| 2. Muriel Stach & Beth Nohr       | Score: 4090 |
| 3. Betty Adam & Marsha Dahlseid   | Score: 3350 |
| 4. Lyle Malone & Char Erickson    | Score: 2680 |

### April 5, 2019

- |                                   |             |
|-----------------------------------|-------------|
| 1. Char Erickson & Jean Schaecher | Score: 4030 |
| 2. Rod & Beth Nohr                | Score: 3690 |
| 3. Judy Kistler & Janet Ausdemore | Score: 2950 |

**Small Slam:** Char Erickson & Jean Schaecher

### April 27, 2019

- |                                   |             |
|-----------------------------------|-------------|
| 1. Toots Marchand & Shirley McKee | Score: 4770 |
| 2. Char Erickson & Dan Miller     | Score: 4210 |
| 3. Betty Adam & Marsha Dahlseid   | Score: 2140 |
| 4. Jerry & Colette Koch           | Score: 1110 |

## Bridge Lessons

If anyone is interested in learning to play bridge, please stop in the office.

# Services/Education

## Commodity Program

The Commodity Supplemental Food Program is for those who are 60 and older and have a gross income of **\$1,354** or less per month for a 1 person household or **\$1,832** gross or less for a 2 person household. This qualifies you to receive a box of food monthly from the Feeding South Dakota program.

**New guidelines state that you must sign for your box each month, if there is not a signature, you will not receive a box the following month.**

Stop in the office if you are interested in applying. Please contact 665-4685 for more information. Commodities are distributed on the second Friday each month (**May 10th**) from 1pm-3pm and are on a first come first served basis.



## Volunteer Nurse On Site

Just a reminder that we have a volunteer nurse on site the 3rd Wednesday & 2nd and 3rd Thursday each month from 10:30am-11:30am. Our volunteers Jackie Sandstedt, Marilyn Christensen & Leah Smith are available to take your blood pressure and answer some of your health questions. Stop in the nurses office and say hello.

## Toe Nail Clinic

A reminder that the contract nurse is here the 1st Thursday each month to trim toenails. The cost is \$20 made payable to Avera and you must bring your own clippers.

We also have a volunteer nurse that will be here on the 3rd Wednesday each month to trim toenails. The cost is \$20 made payable to The Center. You must bring your own clippers. **Stop in the office to schedule an appointment.**



## What Can We Do To Improve

We encourage you to share your ideas. Suggestion boxes are located at the front desk and at the lunch table. Please make sure you put your name on the suggestion so we can follow up with you. **We appreciate your feedback.**

## Pet Food Program

For some Seniors who are not able to get around easily, their best friend and only companion may be their loving dog or cat. The Center calls attention to the importance of pets.

The pet food program helps those in the Yankton area feed their furry companions.

If you qualify, you will receive pet food in a one gallon bag, once per month, per household. Research shows that owning a pet can add years to your life.

**Stop by the office today to complete an application.**



## Notary On Site

Kriss Thury is a Notary Public of South Dakota. If you have documents that need notarization, Kriss is in the office Monday through Thursday from 7:30-4:00pm and Fridays from 7:30-2:30pm.



**THIS IS A FREE SERVICE FOR OUR MEMBERS!**

## Dementia Caregiver Group

**Tuesday, May 14th - 10:00am-11:00am**

The Dementia Caregiver Group meets each month on the second Tuesday (**May 14th**).

**Everyone Welcome**

